Daily Routine

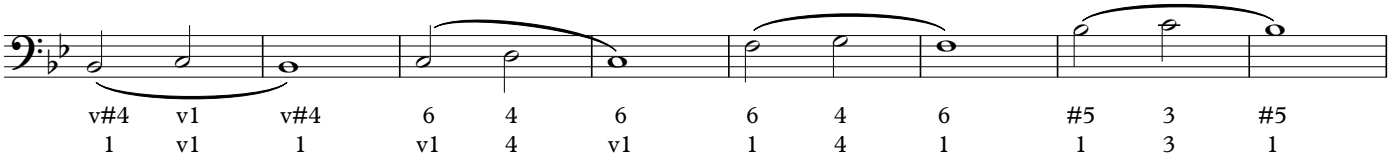
University of Alabama Trombone Studio
www.rollslide.com

BREAKS

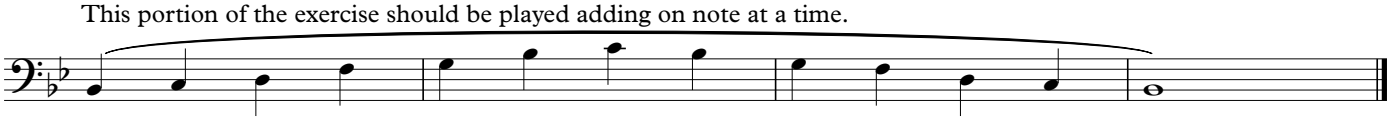
This exercise is designed to get the air, chops and slide synced up from the beginning of the day.
Each measure is to be played 3 different ways.

1. Buzz - use slow glisses to connect each pitch - keep the lips vibrating.
2. Alternate Positions - use outer positions (or the valve) to create glisses on the horn.
3. Close Positions - strive for coordinated connections with the slide.

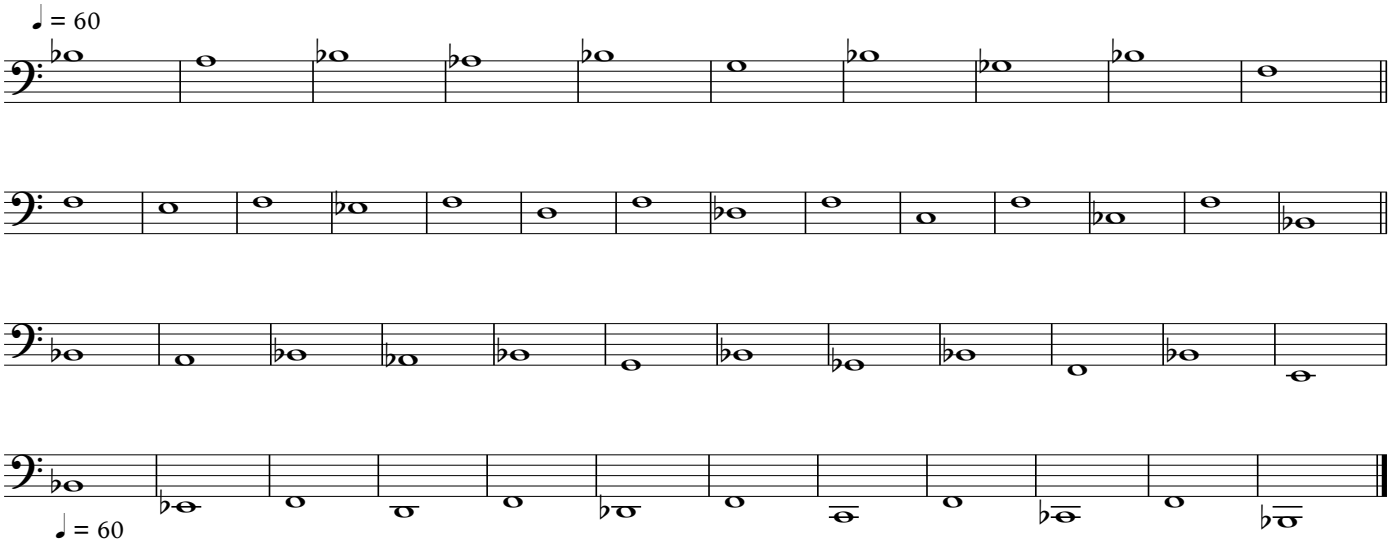
Jonathan Whitaker



This portion of the exercise should be played adding on note at a time.

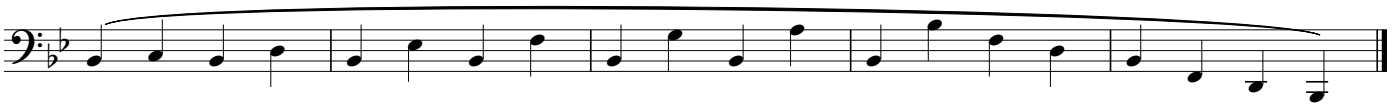


LONG TONES

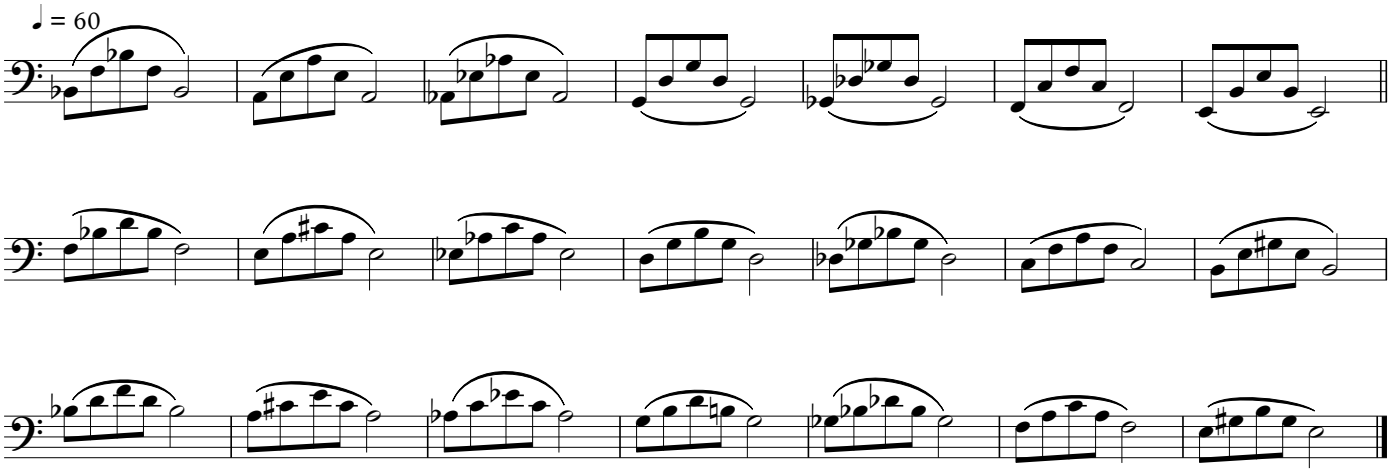


INTERVALS

Play in several keys each day.

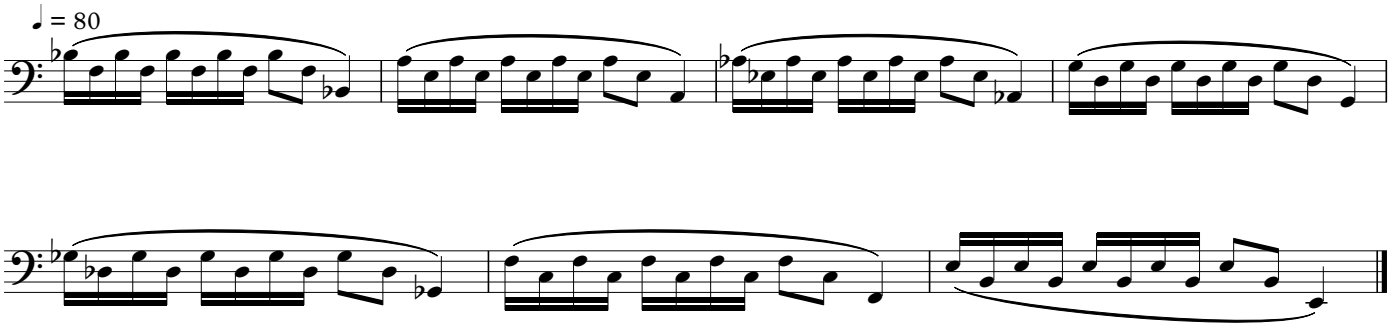


SLOW SLURS



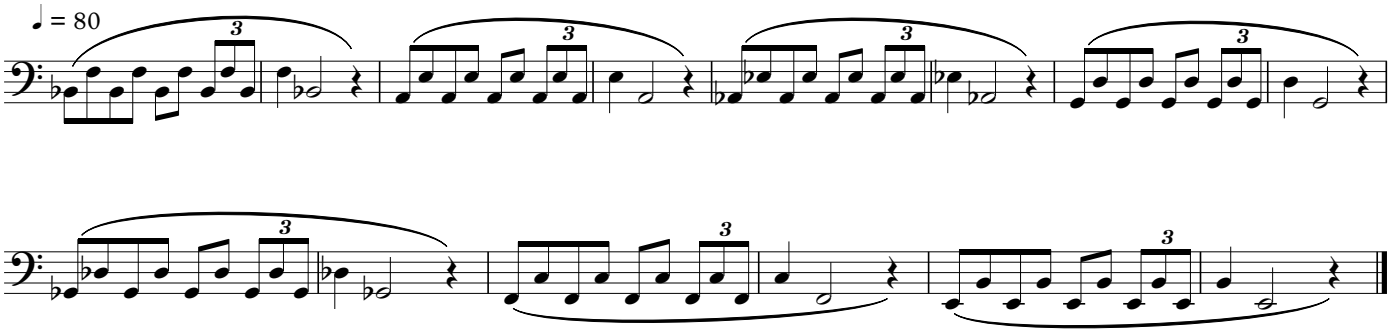
THREE NOTE FLEXIBILITY

♩ = 80



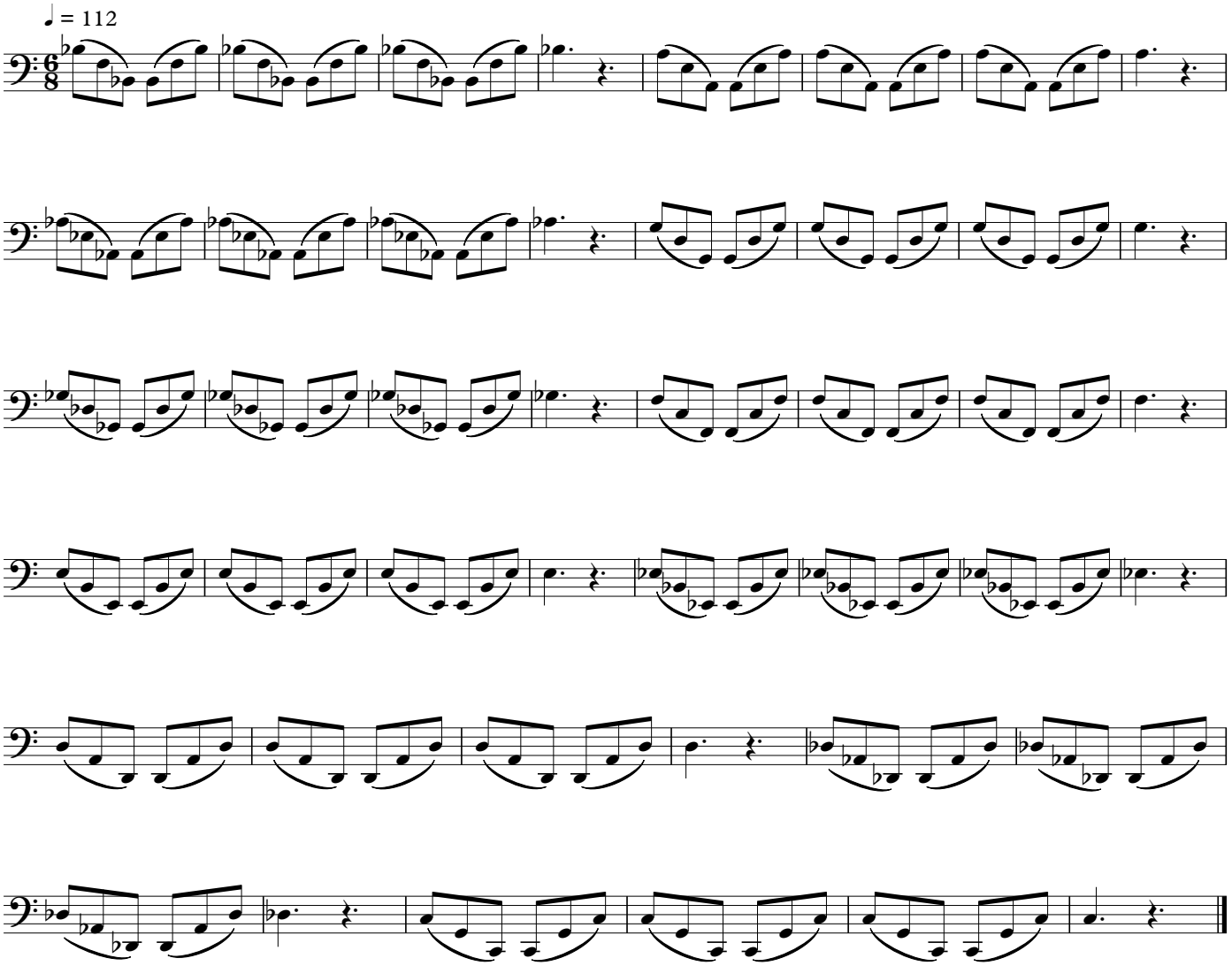
TWO NOTE FLEXIBILITY

♩ = 80



TONGUE AND SLUR COORDINATION

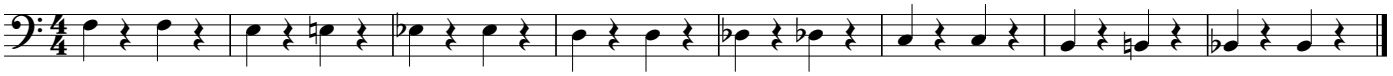
♩ = 112



ATTACKS AND RELEASES

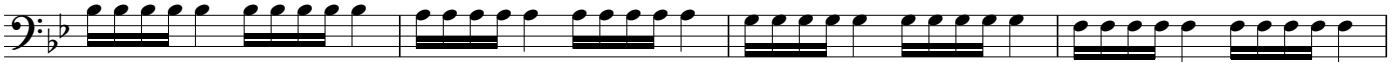
Play on several partials a day.

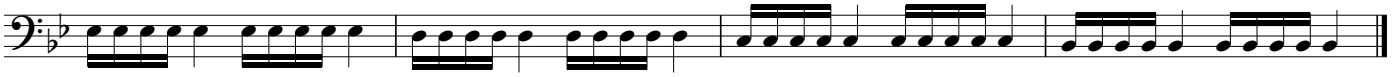
♩ = 60



REPEATED TONGUING

Play in several keys and tempos a day.

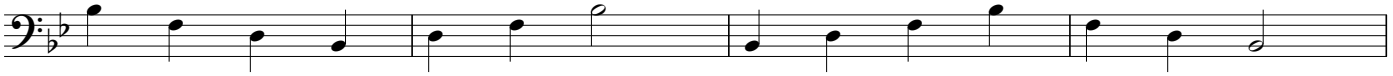


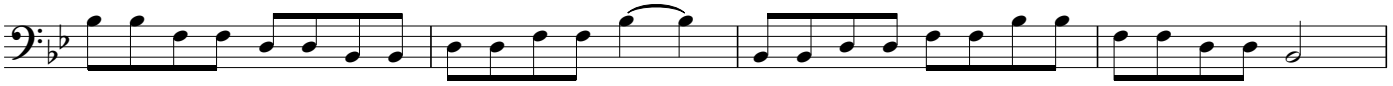


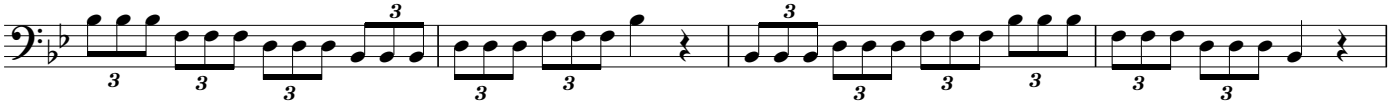
ARTICULATION

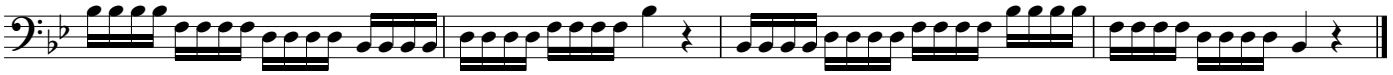
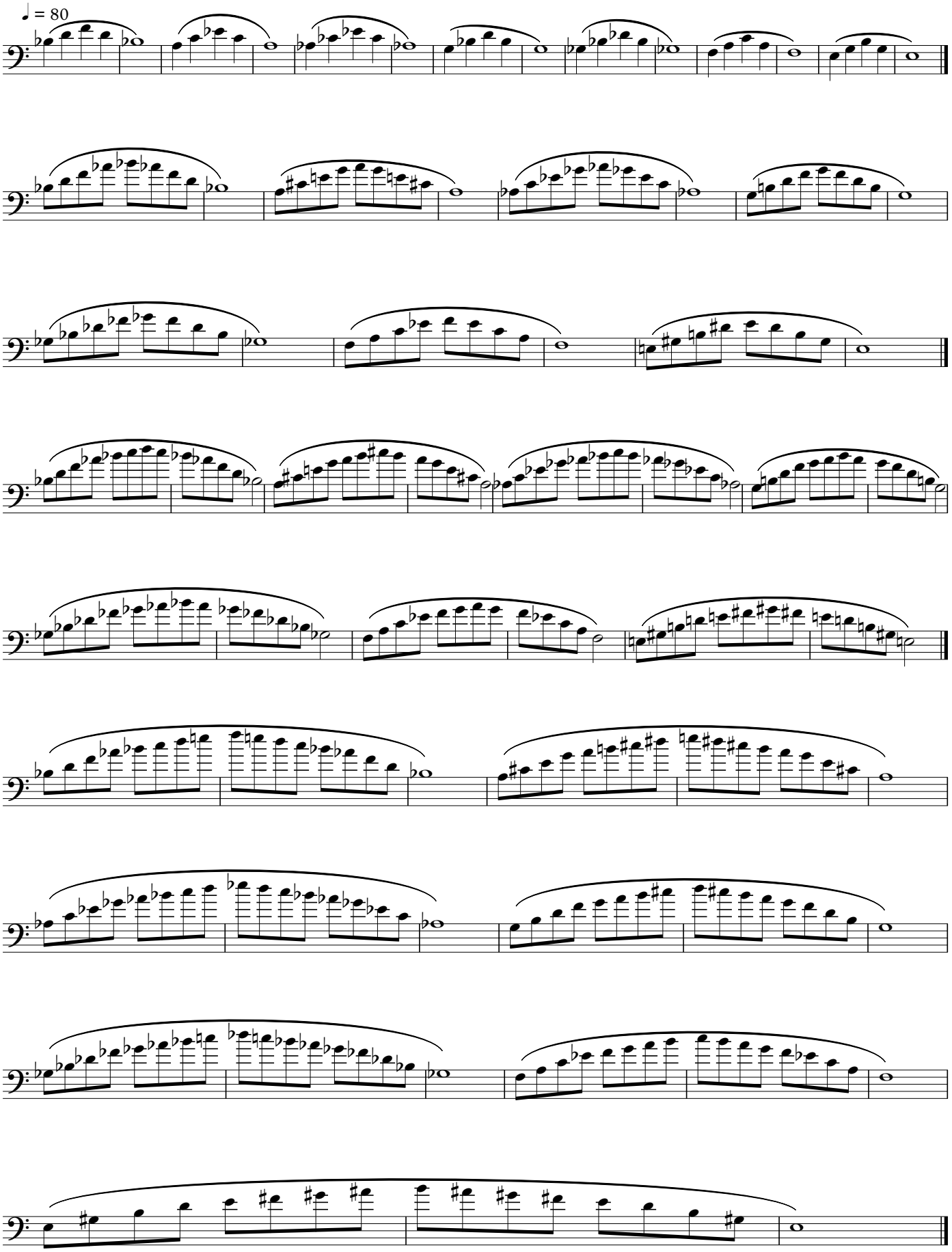
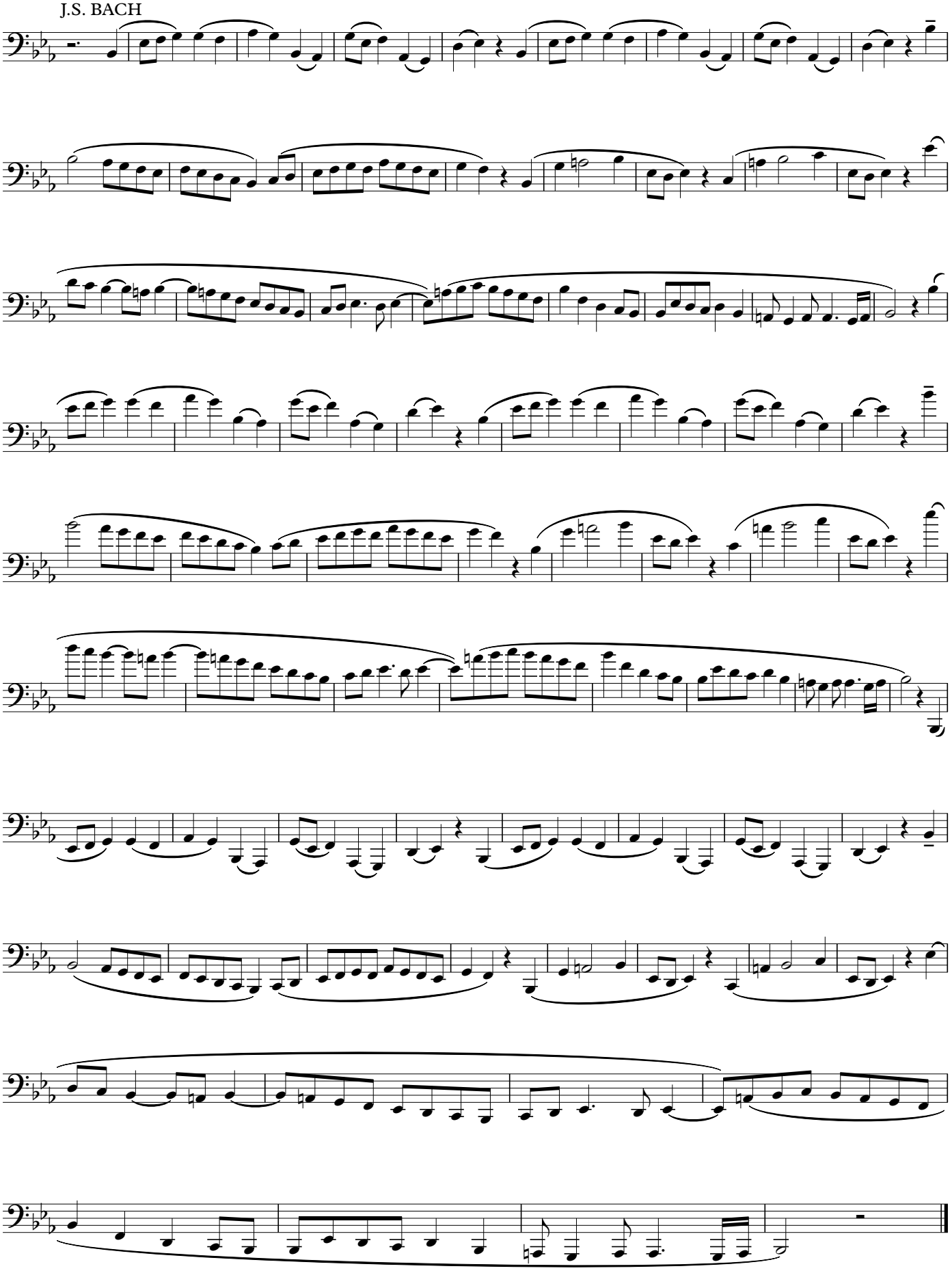
Continue the pattern down chromatically as low as possible.

♩ = 80









HIGH REGISTER SLURS